

Sports Doctors  
Physiotherapists  
Osteopaths  
Orthopaedic Consultants  
Performance Coaches  
Massage Therapists  
Nutritional Therapists  
Sports Podiatrists  
Pilates  
Yoga



## Annie Williams

### Specialist Musculoskeletal Physiotherapist

*'I see every individual as a complete jigsaw puzzle, and enjoy being able to find the missing pieces to help put the picture back together.'*

Annie graduated from Kings College London with an Undergraduate and Masters Degree in Physiotherapy. She began working within the NHS gaining experience before deciding to specialise in musculoskeletal injuries. Annie then spent time working abroad in Austrian and Swiss ski resorts, and she was also based at the world renowned sports complex La Santa in Lanzarote. Here Annie worked with many professional Triathletes, Cyclists, Swimmers and Racquet Sport Players.

Before joining the Pure team Annie worked within a private practice and with a wide range of elite and recreational sports men, women and children. Annie is a qualified Pilates, Aerobics and Spinning Instructor, and has also played hockey to international level. She now competes in Ironman Triathlons around the world.



For further information or to book an appointment, please call 08447 700 800.

[info@puresportsmed.com](mailto:info@puresportsmed.com)  
[www.puresportsmed.com](http://www.puresportsmed.com)